



## Employment & Training Services

As a member of WorkSource Portland Metro, you'll have access to a number of job-finding tools and workshops including:

- Career Exploration
- Job Readiness Workshops
- Job Clubs
- Online Job Search Tools
- Occupational Skills Training
- Résumé Workshop
- Job Skill Upgrades
- GED and Adult Basic Education
- Workplace Computer - Basics
- Workplace Computer - Microsoft Office
- Self-Paced e-Learning Lab
- Workplace English

Plus, we'll help you assess your basic skills and provide you with a variety of career building experiences to help you find your next position. Check with your WorkSource Center for more information and a complete list of the workshops and resources that may be available to you.

### Full-Service Centers

Six full-service and one Express Center serve Multnomah, Washington, and Clackamas counties.

**WorkSource Portland Metro East**  
19421 SE Stark St., Portland 97233  
(503) 669-7112

**WorkSource Portland Metro Central**  
30 N Webster St., Suite E, Portland 97217  
(503) 280-6046

**WorkSource Portland Metro Southeast**  
7916 SE Foster Road, Suite 104, Portland 97206  
(503) 772-2300

**WorkSource Portland Metro  
Beaverton/Hillsboro**  
241 SW Edgeway Drive, Beaverton 97006  
(503) 526-2700

**WorkSource Portland Metro Tualatin**  
7995 SW Mohawk Street, Tualatin 97062  
(503) 612-4200

**WorkSource Clackamas**  
506 High Street, Oregon City 97045  
(971) 673-6400

### Express Center

**WorkSource Portland Metro  
New Columbia Express Center**  
4610 North Trenton, Portland 97203  
(503) 943-5642

### Center Hours

Monday - Friday  
8:00 a.m. to 5:00 p.m.  
*Closed Legal Holidays*

### Career Center Resources

Each WorkSource Center provides a professional environment to access resources and conduct your job search. At your center you'll find Internet access for job search, e-learning tools, self-service fax, phones, copies, Microsoft Word, Winway Résumé, WIN Skills Review, iMatchSkills, and a Resource Library.

[www.WorkSourcePortlandMetro.org](http://www.WorkSourcePortlandMetro.org)

## Additional Employment Services

### Oregon Relay Service

The Oregon Relay Service allows deaf or hard-of-hearing customers to speak directly to standard telephone users. Just call 7-1-1.

### Community Resources Call 2-1-1

If you need help locating health and human services in the greater Northwest Oregon and Southwest Washington region, just call 2-1-1. This easy-to-remember telephone number helps connect people in need with the community resources available to help meet those needs. Alternate: (503) 222-5555.

### Unemployment Insurance

Claim specialists are ready to take your call Monday through Friday, 8:00 a.m. to 5:00 p.m.

**UI Questions call:**  
(503) 451-2400 or (877) 877-1781

**Claim online at:**  
[www.WorkinginOregon.org/ocs](http://www.WorkinginOregon.org/ocs)

### Training Unemployment Insurance

Find out how to receive training while on the Unemployment Insurance Program by calling (800) 436-6191.

### Self-Employment Assistance Program

The Self-Employment Assistance Program helps eligible unemployed workers set up a business on a full-time basis and still receive full unemployment insurance benefits.

For eligibility inquiries, call your local office and ask for the Self-Employment Assistance Program representative.

### Veterans

WorkSource Portland Metro has specialized staff to answer questions about your military benefits and assist you with a variety of services including job placement, training, and referral to support services.

Please call your local office to talk to a Veteran Representative for more information.

### Labor Market Information

Are you looking for work and want to research career options?

Oregon's Labor Market Information System (OLMIS) provides current employment data, specialized reports, and current job listings. The OLMIS website enables you to research more than 700 occupational titles to learn about job openings, wage information, licensing information, Oregon employment forecasts, and more.

You can access OLMIS easily at  
[www.QualityInfo.org](http://www.QualityInfo.org).

[www.WorkSourcePortlandMetro.org](http://www.WorkSourcePortlandMetro.org)

WorkSource Portland Metro is an equal opportunity employer/ program. Auxiliary aids and services and alternate formats are available to individuals with disabilities, TTY/TDD – dial 7-1-1 toll free relay service. Access free online relay service at: [www.sprintrelayonline.com](http://www.sprintrelayonline.com) Language services are available at no cost to individuals with limited English proficiency upon request. This program is financed with funds provided through Worksystems, Inc. from the U.S. Department of Labor.