

Menu of Resources and Services

Updated October 2010

Connect to Job Openings

Aggregated Job Boards

Simply Hired www.simplyhired.com

Indeed <http://www.indeed.com/>

LinkUp <http://www.linkup.com>

Green Job Spider <http://www.greenjobspider.com/>

JobNET <http://www.qualityinfo.org/olmisj/OlmisZine?zineid=00000008>

Job Compass <http://jobcompass.net/>

General Job Boards

JobCentral National Labor Exchange <http://www.jobcentral.com/>

Career Builder <http://www.careerbuilder.com/>

America's Job Exchange <http://www.americasjobexchange.com/>

JobDango <http://www.jobdango.com>

Monster <http://www.monster.com/>

TwitterJobSearch <http://www.twitterjobsearch.com/>

Job Compass <http://jobcompass.net/>

Government Job Boards

[Oregon Employment Department Job Listings](#)

[Oregon Employment Department Job Listings on Twitter](#)

[State of Oregon Job Openings](#)

Government Jobs <https://www.governmentjobs.com/>

Targeted Job Boards

VetCentral <http://www.jobcentral.com/vetcentral>

Oregon Higher Education Jobs <http://www.academic360.com/hr/hrlisting.cfm?TerID=38>

Idealist.com - Non Profit Jobs <http://www.idealist.org/if/as/Job>

iHispano.com Jobs <http://jobsearch.ihispano.com/careers/jobsearch>

Environmental Jobs in Oregon <http://www.ejobs.org/states/or.html>

IMDiversity <http://www.imdiversity.com>

Connect to Job Search

Application, Resume, Cover Letter, Interview Resources

Win Way Resume Software (Available at all WorkSource Oregon locations - Please ask for assistance)

GovernmentJobs Online Employment Application Guide

<http://www.governmentjobs.com/GJInstructions.cfm>

Clemson University Safeguard Your Search & Protect Your Image

<http://career.clemson.edu/students/applying/jobsearch/safeguard.php>

Privacy Rights Clearinghouse Fact Sheet 25a: Avoiding Online Job Scams

<http://www.privacyrights.org/fs/fs25a-JobSeekerPriv2.htm>

The Interviewing Cheat Sheet: 100 Resources for Interviewers and Candidates

<http://www.hrworld.com/features/interviewing-cheat-sheet-092507>

eHow How to Write a Great Resume: Video Series http://www.ehow.com/videos-on_5_write-job-resume.html

eHow Job Hunting Tips: Video Series http://www.ehow.com/videos-on_7_job.html

eHow How to Interview for a Job http://www.ehow.com/videos-on_5228_interview-job.html

Purdue Online Writing Lab Job Search, Resume and Cover Letter Workshops

<http://owl.english.purdue.edu/workshops/hypertext/ResumeW/>

Job Search Tools & Networking

CareerOneStop <http://www.careeronestop.org/>

Job Hunt <http://www.job-hunt.org/jobsearch/jobsearch.shtml>

The Riley Guide <http://www.rileyguide.com/atoz.html>

Quality Info – Wages and Income <http://www.qualityinfo.org/olmisj/OlmisZine?zineid=00000012>

State Additional Job Links http://www.oregon.gov/DAS/STJOBS/joblinks.shtml#State_Agency_Listings

Hillsboro Chamber of Commerce Job Seekers Support and Networking

<http://hillchamber.org/jobseekers/list.asp#jobfair>

ARRP Work Resources <http://www.aarp.org/work/>

LinkedIn <http://www.linkedin.com/>

Employer Information

Quality Info – Employer Database <http://www.qualityinfo.org/olmisj/employers>

Researching Companies Online Tutorial <http://www.learnwebskills.com/company/>

Apprenticeship Information

Apprenticeship Information (BOLI) <http://www.oregon.gov/BOLI/ATD/index.shtml>

Apprenticeship Opportunities Statewide <http://www.oregonapprenticeship.org>

Oregon Apprentice Development Links <http://www.xpdnc.com/links/apusor.html>

Oregon Local, Regional Organized Labor and Union Links <http://www.xpdnc.com/links/lousor.html>

Oregon Solar Energy Industries Association (OSEIA) Oregon Apprentice Programs

<http://www.oseia.org/professionaltraining>

Oregon Tradeswomen Inc <http://www.tradeswomen.net/>

Experience Works Senior Community Service Employment Program (SCSEP)

http://www.experienceworks.org/site/PageServer?pagename=Get_Training_Main

Connect to Education and Training

Computer Skills

Mouserobics <http://www.ckls.org/~crippel/computerlab/tutorials/mouse/page1.html>

Computer Tutor <http://www.bbc.co.uk/computertutor/computertutorone/index.shtml>

GCFLearnFree.org <http://www.gcflearnfree.org/computer/>

Microsoft Tutorials <http://www.microsoft.com/Education/Tutorials.msp>

Technology Tutorials on the Web <http://www.internet4classrooms.com/on-line2.htm>.

TypingTest.com <http://www.typingtest.com/>

Mavis Beacon Software (available at all WorkSource Oregon Locations - ask for assistance)

Math Skills

Worldwide Interactive Network, Inc. (WIN) Courseware <http://orstate.wincshost.com>

Shodor (use of computers to improve both math and science education from middle school through undergraduate levels of education) <http://www.shodor.org/interactivate/assessments/byAudience>

Math.com www.math.com/

Mathematics at Free-Ed.Net <http://www.free-ed.net/free-ed/Math/default.asp>

Accounting Coach <http://www.accountingcoach.com/>

Calculus Tutorials, Tests, and Sample Problems <http://www.nipissingu.ca/calculus/index.html>

Quickbooks 2004/2005 Training http://www.learnthat.com/computers/learn-425-quickbooks_2005_training.htm

SOS Math Study Site <http://www.sosmath.com/index.html>

Grammar & Reading Skills

Worldwide Interactive Network, Inc. (WIN) Courseware <http://orstate.wincshost.com>

BBC Skillswise <http://www.bbc.co.uk/skillswise/>

University of Victoria's English Language Centre <http://web2.uvcs.uvic.ca/elc/studyzone/>

Guide to Grammar and Writing <http://grammar.ccc.commnet.edu/grammar/>

Purdue Online Writing Lab Job Search Resume and Cover letter workshop

<http://owl.english.purdue.edu/owl/>

Cal Poly Pomona - The College Reading Skill <http://www.csupomona.edu/~lrc/crsp/techniques.html>

Language Skills

Vocabulary Training Exercises English, German, French and Spanish <http://www.vokabel.com/>

GED Resources

Oregon GED & Pre-GED Preparation <http://www.oregon.gov/CCWD/GED/index.shtml>

GED Testing Service <http://www.gedtest.org>.

GED Test Prep Review http://www.testprepreview.com/ged_practice.htm

GED Test Prep Improvement Links <http://www.testprepreview.com/gedlinks.htm>

Study Skills for the Online Adult Learner <http://education.military.com/timesaving-programs/study-skills-for-online-adult-learner>

LiteracyLink's <http://www.litlink.org/registration.asp>

Higher Education Links

Oregon Community College Links <http://www.odccwd.state.or.us/communitycolleges.aspx>

Oregon Colleges Online <http://oregoncollegesonline.com/>

Oregon University System Campuses & Centers <http://www.ous.edu/about/campcent/>

Oregon University System Distance Education Campus Links <http://www.ous.edu/programs/disted/>

Quality Info – Educational Information Center <http://www.qualityinfo.org/olmisi/EIC>

Free-Ed Courses <http://www.free-ed.net/free-ed/FreeEdMain01.asp>

Green Skills

Columbia Gorge Community College Renewable Energy Technology

<http://www.cgcc.cc.or.us/Academics/RenewableEnergyTechnology.cfm>

Northwest Energy Education Institute, Science Division - Lane Community College <http://www.nweei.org/>

Portland Community College, Electronic Engineering Technology Renewable Energy Systems

<http://www.pcc.edu/programs/electronic-engineering/renewable-energy/>

Energy Trust of Oregon Education Calendar <http://energytrust.org/news-events/calendar-application/>

Environmental Protection Agency Online Training in Watershed Management

<http://cfpub.epa.gov/watertrain/index.cfm>

Healthcare Skills

University of Virginia Introduction to Radiology Tutorials <http://www.med-ed.virginia.edu/courses/rad/>

The Wii Premed MCAT Course <http://www.wikipremed.com/>

Kimball's Biology Pages <http://users.rcn.com/jkimball.ma.ultranet/BiologyPages/>

Manufacturing Skills

MoreSteam Free Lean Six Sigma Resources <http://www.moresteam.com/resources.cfm>

Lean Enterprise Institute <http://www.lean.org/>

OSHA Trainings

Oregon OSHA On-line Workshop Registration System

<http://www4.cbs.state.or.us/ex/osha/training/training/workshop/index.cfm>

Oregon OSHA Online Course Catalog

<http://www.cbs.state.or.us/external/osha/educate/training/pages/courses.html>

Workplace Skills \ Leadership

Q Cares Customer Service Training <http://oregonqcare.com/>

GCFLearnFree Workplace Development <http://www.gcfllearnfree.org/computer/topic.aspx?id=28>

FEMA's Independent Study Program - The Emergency Management Institute (EMI)

<http://training.fema.gov/IS/crslst.asp>

American Red Cross Disaster Classes Training

<http://www.oregonredcross.org/general.asp?SN=2866&OP=2867&IDCapitulo=663b0id44v>

Leadership Training Tutorials <http://leadershiptrainingtutorials.com/>

Small Business

BizCenter Trainings <http://www.bizcenter.org/workshops.php>

Small Business Administration Free Online Courses

<http://www.sba.gov/services/training/onlinecourses/index.html>

Oregon Employer Council Seminars <http://www.oregon.gov/EMPLOY/OEC/oecevents.shtml>

The Business Wizard

http://egov.sos.state.or.us/br/PKG_BC1_WEB_INTERVIEW.bic_home?p_display_message=N

Miscellaneous Occupational Skills

Autoshop 101Online Instruction & Tests <http://www.autoshop101.com/>

Electrical / Electronics ASE certification Test Preparation <http://www.autoshop101.com/asetest/>

Louisiana Department of Natural Resources Energy Curriculum Guides

<http://dnr.louisiana.gov/sec/execdiv/techasmt/ecep/ecep.htm>

Oregon Child Care Trainings <http://www.oregonchildcaretraining.org/>

Quality Info – Skill Explorer <http://www.qualityinfo.org/olmisj/SkillExp>

Volunteer and Intern Opportunities

INROADS <http://www.inroads.org/affiliate.jsp?affiliateID=A0B136FC874EFB85862568BD006EF3D9>

Indeed <http://www.simplyhired.com/a/jobs/list/q-internship/l-oregon/pn-2>

Simply Hired <http://www.indeed.com/jobs?q=Internship&l=Oregon&start=10>

Financial Aid Resources

Federal Financial Aid www.federalstudentaid.ed.gov

Prosperity Planner <https://www2.prosperityplanner.org/Default.aspx>

The Self-Sufficiency Calculator for Washington State <http://www.thecalculator.org/>

Connect to Career Information

Career and Education Information

Career Information System (CIS) <http://oregoncis.uoregon.edu/webcis>

Quality Info – The OLMIS GUIDE <http://www.qualityinfo.org/olmisj/DoQuery?itemid=00004804>

Quality Info – Occupational Informational Center <http://www.qualityinfo.org/olmisj/OIC>

Quality Info – Occupation Explorer <http://www.qualityinfo.org/olmisj/OCX>

Quality Info – Skill Explorer <http://www.qualityinfo.org/olmisj/SkillExp>

Quality Info – Educational Information Center <http://www.qualityinfo.org/olmisj/EIC>

Quality Info – Wages and Income <http://www.qualityinfo.org/olmisj/OlmisZine?zineid=00000012>

O*NET Occupational Outlook Handbook <http://www.occupationaloutlook-handbook.net/>

O*NET Computerized Interest Profiler <http://www.onetcenter.org/CIP.html>

Career One Stop <http://www.careeronestop.org/ExploreCareers/ExploreCareers.aspx>

Career One Stop Videos <http://www.acinet.org/acinet/videos.asp?id=27,&nodeid=27>

Oregon Health Care Pathways <http://www.cascadeseast.org/training.html>

Specialized Career Information

Nanotechnology Links and Resources <http://www.cneu.psu.edu/resources.html>

Oregon Healthcare Workforce Institute <http://www.oregonhwi.org/>

The Voice of Oregon Manufacturing <http://oregonmanufacturing.org/>

Green Careers Guide <http://www.greencareersguide.com/Careers-Skills-Training-Required.html>

Green Energy Career guide <http://www.greenenergyjobs.com/career-guide/>

Occupation Informational Interview Profiles

The Career Project - Informational Interview Profiles <http://www.thecareerproject.org/bank.aspx>

Connect To Life Resources

Assessments

CareerOneStop Skills Center <http://www.careeronestop.org/SKILLS/SkillCenterHome.asp>

University of Waterloo Career Development eManual <http://www.cdm.uwaterloo.ca/index2.asp>

Keirsey Temperament Sorter <http://www.keirsey.com/>

ISEEK Skills Assessment <http://www.iseek.org/careers/skillsAssessment?do=1>

Essential Life Needs

GovBenefits.gov <http://www.govbenefits.gov>

Oregon Helps <http://www.oregonhelps.org/>

Oregon Housing and Community Service Resources & Links

http://www.oregon.gov/OHCS/COM_INeedHelp.shtml

HELPGUIDE <http://www.helpguide.org/>

Oregon Partnership Crisis Intervention and Referral Services

http://www.orphnership.org/web/services/crisislines_suicide_prevention.asp

211Info <http://www.irissoft.com/INFO/>

Oregon.gov I need help http://www.oregon.gov/OHCS/COM_INeedHelp.shtml

Oregon.gov Prescription assistance Web site <http://www.oregon.gov/DHS/healthplan/rxsites.shtml>

Oregon Tobacco Quit Line <http://www.oregon.gov/DHS/ph/tobacco/oregonquitline.shtml>

Health Insurance Coverage for All <http://www.coverageforall.org/>

Department of Consumer & Business Consumer Advocates

<http://www.insurance.oregon.gov/consumer/consumer.html>

Connect to Recovery Resources

Surviving the Recession

Oregon Partnership Free, Confidential Crisis Intervention and Referral

http://www.orphnership.org/web/services/crisislines_suicide_prevention.asp

Information and Resources to Help Homeowners Prevent Foreclosure <http://foreclosurehelp.oregon.gov/>

Opportunity.Gov www.opportunity.gov

Finding Help In Tough Times http://extension.oregonstate.edu/tough_times/finding-help-tough-times

Riley Guide - Coping with Job Loss Resources <http://www.rileyguide.com/cope.html>

Department of Labor Assistance Available after Job Loss <http://www.dol.gov/feature/2009/20090226.htm>

How can I keep health insurance if I lose my job? Oregon Department of Consumer & Business Services

http://www.cbs.state.or.us/external/ins/news_releases/2008/120908-healthinsurance-jobloss.pdf

Transportation to Work: A Toolkit for the Business Community

<http://web1.ctaa.org/webmodules/webarticles//anviewer.asp?a=1442&z=5>

State Recovery Resources

Go Oregon <http://www.oregon.gov/recovery/GoOregon.shtml>

American Recovery and Reinvestment Act (ARRA)

Recovery.Gov <http://www.recovery.gov/>

The Oregon Way <http://www.oregon.gov/recovery/>

Connect to Resources for Targeted Groups

Veteran Resources

WorkSource Oregon Employment Department Veterans Services and Resources

<http://www.employment.oregon.gov/EMPLOY/VETS/index.shtml>

VetCentral <http://www.jobcentral.com/vetcentral>

America's Heroes at Work: Supporting the Employment Success of Returning Service Members with TBI & PTSD <http://www.americasheroesatwork.gov/>

EARNWorks - Resources for Disabled Veteran Jobseekers

http://www.earnworks.com/veterans/Tools/vet_jobseekers.asp

Employer Support of the Guard and Reserve (ESGR) <http://esgr.org/site/Home/tabid/55/Default.aspx>

Oregon National Guard Reintegration and Service Member Support <http://www.org-vet.org/>

Helmets to Hardhats <http://helmetstohardhats.org/>

National Resource Directory <http://www.nationalresourcedirectory.gov/>

Disability Resources

Disability.gov www.disability.gov

EARNWorks http://www.earnworks.com/job_seekers/Tools/index.asp

Social Security Ticket to Work Program <http://www.socialsecurity.gov/work/aboutticket.html>

Job Accommodation Network <http://www.jan.wvu.edu/media/index.htm>

National Collaborative on Workforce and Disability for Youth (NCWD/Youth)

<http://www.ncwd-youth.info/>

Disability Career Resources http://www.washington.edu/doit/Careers/postsec_educators.html

Self employment Technical Resource & Training (START-UP / USA) [http://www.start-up-](http://www.start-up-usa.biz/about/about.cfm)

[usa.biz/about/about.cfm](http://www.start-up-usa.biz/about/about.cfm)

Think Beyond the Label <http://www.thinkbeyondthelabel.com/>

Limited English Speakers

WorkSource Oregon http://www.employment.oregon.gov/EMPLOY/espanol_main.shtml

Apprenticeship Overview <http://www.qualityinfo.org/olmisj/ArticleReader?itemid=00005369>

Career Builder [Career Builder in Spanish](#)

JobCentral National Labor Exchange <http://www.jobcentral.com/>

VetCentral <http://www.jobcentral.com/vetcentral/>

How to Use a Mouse http://www.mesalibrary.org/research/mouse_espanol/page01.htm

Goethe Free Language Tests <http://goethe-verlag.com/tests/SE/SE.HTM>

Pumarosa <http://www.pumarosa.com/>

U.S.A. Learns <http://www.usalearns.org>

Navigators http://www.worksourceoregon.org/index.php?option=com_content&task=view&id=91&Itemid=69

Career One Stop Career Videos <http://www.careervideos.org/>

Ex-Offender (Reentry) Resources

NATIONAL H.I.R.E. NETWORK OREGON RESOURCES

http://www.hirenetwork.org/admin/clearinghouse.php?state_id=OR

Reentry Policy Council http://reentrypolicy.org/issue_areas/education_employment

UNICOR (trade name for Federal Prison Industries Inc)

[.http://www.unicor.gov/about/about_fpi_programs/inmate_transition/handbooks.cfm?navlocation=Handbooks](http://www.unicor.gov/about/about_fpi_programs/inmate_transition/handbooks.cfm?navlocation=Handbooks)

DOL Prisoner Re-entry Resources http://www.doleta.gov/PRI/PDF/Prisoner_Reentry_Resources.pdf

National Reentry Resource Center <http://www.nationalreentryresourcecenter.org/>